



Step-By-Step Guide

CND P.E.P. TECHNIQUE

P.E.P. is a systematic method of preparing the natural nail for excellent adhesion with CND™ SHELLAC™ Gel Polish and CND™ VINYLUX™ Long Wear Polish.

CND™ PRODUCTS REQUIRED

- COOLBLUE™ Hand Cleanser
- OFFLY FAST™ Moisturizing Remover
- CuticleAway™ Professional Cuticle Remover*
- SCRUBFRESH™ Nail Surface Cleanser
- CND™ Files and Buffers

ACCESSORIES/EQUIPMENT REQUIRED

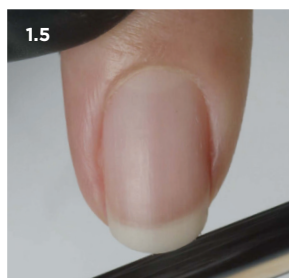
- Hand towels
- Hand soap
- Plastic-backed, lint-free pads
- Cuticle pusher
- Manicure nippers
- Nail clippers
- Curette

*Optional

Step 1 PERFORM A MANICURE.

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1. Have the client wash their hands with soap and running water for 20-30 seconds and towel dry.
2. Massage COOLBLUE™ Hand Cleanser into the client's hands.
3. If necessary, remove any existing nail color from the natural nail using an acetone-based polish remover (OFFLY FAST™ Moisturizing Remover) and a plastic-backed lint-free pad.*
4. If necessary, trim the length from each nail, using nail clippers.
5. Shape the free edge of each nail with a fine 240-grit file (Kanga™ File or Koala Buffer™).
6. Gently slide a **cuticle pusher** along the nail plate toward the proximal nail fold (cuticle area) and along each lateral fold (sides of nail) to lift and loosen any cuticle (non-living tissue) from the nail plate.**
7. Gently guide a **curette** along the nail plate to remove non-living tissue on the nail.
8. If necessary, use a **manicure nipper** to carefully remove any loose pieces of skin or hangnails.



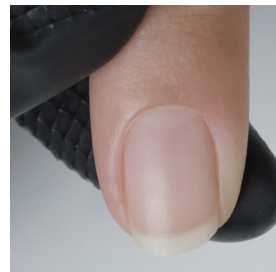
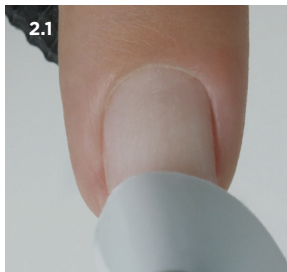
* Acetone-based polish removers like CND™ OFFLY FAST™ is the quickest and safest way to remove nail color. Non-acetone-based polish removers will dissolve enamel more slowly and "smear" the color onto the cuticle area risking over-exposure.

** For clients who build excessive cuticle between services, apply a small amount of CND™ CuticleAway™ Professional Cuticle Remover evenly around the cuticle of each nail and perform cuticle service. Be sure to scrub nails thoroughly with soap and running water for 20-30 seconds to thoroughly remove the cuticle remover and towel dry.

Step 2 ELIMINATE SURFACE CONTAMINANTS AND PURIFY NAIL PLATE LAYERS.

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1. Thoroughly cleanse and temporarily dehydrate the nail plate layers with SCRUBFRESH™ using a lint-free, plastic-backed pad. Pull back the skin and scrub the nail as if removing red nail polish.



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