

InStyle.

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As seen in InStyle Makeover
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50 BEST SKIN-CARE

19 Sleep on it
When it comes to maintenance, geometry and convenience are key. Keep a little case with lip balm, lotion oil, and hand and foot cream in your bedside table, and make a ritual of applying each one before going to sleep.

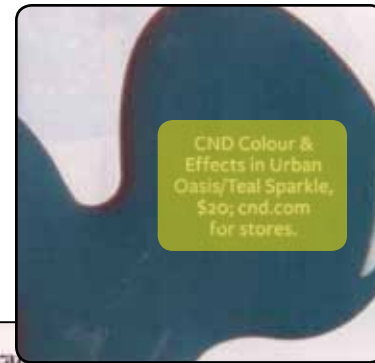
20 Survive killer shoes
Prevent blisters with silicone-based lubricant, says a Best Founder of Beauty Beauty Lounge in NYC. For smelly shoes, try **Leighlin Mueser's** Lume on hand hat. For itchy feet, try **Proton Skin Flyes** foot chaffing. To feel sure spots, NYC podiatrist Stephanie Friedman suggests a laser treatment (30, amazon.com).

21 Bronze lightly
With airbrush tans, "Have the technician spray your face once, but the rest of your body four times," says Julia Marrero of Forever Tan in Miami. Add facial bronzer for a more realistic glow.

22 Whir away debris
Whirlie creams with retinol or glycolic acid can leave skin scaly. Dr. Day recommends reaching for a facial scrubber once a week to remove dead skin cells. "I like the Clarisonic brush because it only removes the cells that are ready to go. It doesn't scrub the top level, which is important for maintaining moisture and sun protection."

23 Plug in for a pretty pout
Try the Clarisonic on your lips for a few seconds—they'll look plump for several hours, says Dr. Fazio.

24 Banish bumps
For those who get fat acne pills, or BPs (bumps) along the upper arms, L.A. dermatologist Ava Shamban suggests using an exfoliating cleanser, like No. 24, with the Clarisonic, followed by a lotion containing glycolic or lactic acid (AriaLacta, \$4, amazon.com).



EDGY (not over the edge)

The Look Downward-pointing necklines, asymmetrical hemlines, and layered textures are the key to edgy. For one of us, it's a long-sleeved, asymmetrical, layered, and layered. For another, it's a long-sleeved, asymmetrical, layered, and layered. For a third, it's a long-sleeved, asymmetrical, layered, and layered.

SHOES The key to edgy is to play with proportions. A pair of shoes that are too big or too small can make a statement.

HAIR The key to edgy is to play with proportions. A pair of shoes that are too big or too small can make a statement.