

FamilyCircle

STICKEY™
BASE COAT



As seen in Family Circle August 2009

1. Prep nails with Creative Nail Design Stickey Base Coat, \$8, which helps color adhere to your nail.



beauty basics
by Jana Glizer

the bright side

Punch up your polish with insider tips from Boston manicurist Claudia Vieira.



SOAK NAILS in a mixture of warm water and soap for a minute or two. Trim hangnails and gently push back cuticles with a wooden stick. Using a soft, square buffer, go back and forth over each nail a few times to smooth its surface. (Don't skip this step—bright colors make bumps or flaws even more obvious.)



SWIPE ON A CLEAR BASE COAT with small, light strokes. Allow to dry two to three minutes before you pick up color. When you take the brush out, briefly hold it against the inside of the bottle's neck to remove any excess polish from the tip. Hint: If color drips off when you remove the brush, you're using too much, and results will be goopy.



START POLISHING at the pinkie and move inward to the thumb to avoid smudging. Use thin strokes from the bed of the nail to the tip. Swipe on color slowly and lightly; putting too much pressure on the brush leads to a thick application, which can cause bubbles. Let dry for a few minutes, then apply the second layer. Finish with a top coat.



nail your mani

1. Prep nails with Creative Nail Design Stickey Base Coat, \$8, which helps color adhere to your nail.
2. Try these super-summery shades: I'm His Coral-Friend, In My Back Pocket and If the Fairies Told Me, all by O.P.I.
3. Erase any color that seeps outside the nail bed with Orly Flawless Fix Nail Corrector Pen, \$12.



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Illustration by Karen Pearson